

# YOSS OCTOBER 2026 MENU

| MONDAY                                                                                           | TUESDAY                                                            | WEDNESDAY                                                                                           | THURSDAY                                                                                   | FRIDAY                                                                   | NOTES                                                           |
|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------|
| 9/28/2026                                                                                        | 9/29                                                               | 9/30                                                                                                | 10/1/2026                                                                                  | 10/2                                                                     |                                                                 |
| NO SCHOOL                                                                                        | NO SCHOOL                                                          | NO SCHOOL                                                                                           | NO SCHOOL                                                                                  | NO SCHOOL                                                                | NUT AND SESAME FREE SCHOOL                                      |
| 10/5                                                                                             | 10/6                                                               | 10/7                                                                                                | 10/8                                                                                       | 10/9                                                                     |                                                                 |
| NO SCHOOL                                                                                        | PIZZA<br>SLICED CUCUMBERS<br>CHICKPEAS<br>ORANGES<br>BREAD/MILK    | CHICKEN NUGGETS WITH<br>DIPPING SAUCE<br>WHITE RICE<br>SLICED TOMATOES<br>NECTARINES<br>BREAD/JUICE | PENNE ALA VODKA<br>PLAIN PASTA<br>TUNA SALAD<br>BABY CORN<br>PLUMS<br>BREAD/MILK/KETCHUP   | BAGELS<br>CREAM CHEESE*<br>TUNA SALAD<br>TOMATOES<br>APPLES<br>MILK      | *CREAM CHEESE AS A<br>CONDIMENT                                 |
| 10/12                                                                                            | 10/13                                                              | 10/14                                                                                               | 10/15                                                                                      | 10/16                                                                    |                                                                 |
| BBQ CHICKEN DRUMSTICKS*<br>YELLOW RICE<br>SLICED TOMATOES<br>APPLES<br>BREAD/JUICE               | PIZZA<br>FRENCH FRIES<br>SLICED CUCUMBERS<br>ORANGES<br>BREAD/MILK | DELI HERO SANDWICHES<br>HASH BROWNS<br>SLICED PICKLES<br>NECTARINES<br>BREAD/JUICE                  | PIZZA ROLLS<br>TUNA SALAD<br>CAESAR SALAD AND DRESSING<br>CHICKPEAS<br>PLUMS<br>BREAD/MILK | BAGELS<br>CREAM CHEESE*<br>EGG SALAD<br>TOMATOES<br>APPLES<br>MILK       | *CHICKEN NUGGETS FOR<br>PRESCHOOL THROUGH 2ND<br>GRADE ON 10/12 |
| 10/19                                                                                            | 10/20                                                              | 10/21                                                                                               | 10/22                                                                                      | 10/23                                                                    |                                                                 |
| HOT DOGS AND BUNS*<br>FRENCH FRIES<br>SLICED PICKLES<br>APPLES<br>BREAD/JUICE                    | PIZZA<br>SLICED CUCUMBERS<br>CHICKPEAS<br>ORANGES<br>BREAD/MILK    | MEATBALLS MARINARA<br>SPAGHETTI<br>BABY CORN<br>NECTARINES<br>BREAD/JUICE                           | BAKED ZITI<br>PLAIN PASTA<br>TUNA SALAD<br>PEPPER STICKS<br>PLUMS<br>BREAD/MILK/KETCHUP    | BAGELS<br>CREAM CHEESE*<br>AMERICAN CHEESE<br>TOMATOES<br>APPLES<br>MILK | *CHICKEN NUGGETS FOR<br>PRESCHOOL ON 10/19                      |
| 10/26                                                                                            | 10/27                                                              | 10/28                                                                                               | 10/29                                                                                      | 10/30                                                                    |                                                                 |
| CHICKEN NUGGETS WITH<br>DIPPING SAUCE<br>YELLOW RICE<br>SLICED TOMATOES<br>APPLES<br>BREAD/JUICE | PIZZA<br>SLICED CUCUMBERS<br>ORANGES<br>BREAD/MILK                 | BURGERS AND BUNS<br>ONION RINGS<br>SLICED PICKLES<br>NECTARINES<br>BREAD/JUICE                      | MAC AND CHEESE<br>PLAIN PASTA<br>TUNA SALAD<br>BABY CORN<br>PLUMS<br>BREAD/MILK/KETCHUP    | BAGELS<br>CREAM CHEESE*<br>TUNA SALAD<br>TOMATOES<br>APPLES<br>MILK      |                                                                 |

**TUNA AND KETCHUP EVERY DAY**  
**GLUTEN FREE OPTIONS AVAILABLE DAILY**

YESHIVA OF SOUTH SHORE  
 is an equal opportunity provider and employer.